

The recommended four-year plan is designed to provide a blueprint for students to complete their degrees within four years. These plans include the recommended sequences of courses. Individual plans will vary based on previously earned credit such as Dual Enrollment and AP credit as well as student's academic goals. Students will work with an Academic Advisor to develop a more individualized plan to complete their degree.

The GC Journeys Program will transform your way of thinking and experiencing college. By participating in five inside and outside the classroom transformative experiences during your time at Georgia College, you will step outside of your usual surroundings, gain authentic experiences, solve problems, become a leader, participate in real-world settings and put ideas into action.

All students will complete the First-Year Experience, Career Planning Milestones, and a Capstone course in your major. Students will choose two additional experiences from: Intensive Leadership Experiences, Mentored Undergraduate Research, Community-Based Engaged Learning, Internships, and Study Abroad/Study Away.

This recommended Four-Year Plan is applicable to students admitted during the 2022-2023 academic year.

Total Credits Required: 120 credits

Required GPA for Graduation: 2.5 (overall)

**Courses requiring a C or better are denoted with a star (\*). In addition, all KINS classes require a C or better to graduate.**

Legend is available on the last page of this document.

Year 1									
Fall					Spring				
Course	Title	Hours	Area	✓	Course	Title	Hours	Area	✓
KINS 0001	1st Year Academic Seminar	1			ENGL 1102	English Composition II	3	A	
ENGL 1101*	English Composition I	3	A		Area E	Social Sciences Select - 1st of 3	3	E	
GC1Y 1000	Critical Thinking	3	B		Area C1	Humanities and Ethics	3	C	
Area A2	Area A2 MATH Selection	3	A		Area D	Natural Science with Lab	4	D	
Area D	Area D Science with Lab	4	D		MATH 1401	Elementary Statistics	3	D	
<b>Semester Hours</b>		<b>14</b>			<b>Semester Hours</b>		<b>16</b>		
<b>Notes:</b>	Area A and GC1Y 1000 must be completed by 30 earned hours. First-Year Seminar does not count toward 120 hours required for graduation. MATH 1401 not required but strongly recommended for students planning to attend graduate school.								

Year 2									
Fall					Spring				
Course	Title	Hours	Area	✓	Course	Title	Hours	Area	✓
HSCS 2813 or BIOL 2251K	Anatomy of Human Mvt or Anatomy & Physiology I	4	F		HSCS 2823 or BIOL 2252K	Physiology of Human Mvt or Anatomy and Physiology II	4	F	
GC2Y 2000	Global Perspectives	4	B		KINS 2323	Nutrition	3	F	
KINS 2313	Intro to Public Health	3	F		KINS 2333	Epidemiology & Human Disease	3	F	
KINS 2331	Medical Terminology	1	F		Area E	Social Sciences Select - 3rd of 3	3	E	
Area E	Social Sciences Select - 2nd of 3	3	E		Area C2	Fine Arts	3	C	
<b>Semester Hours</b>		<b>15</b>			<b>Semester Hours</b>		<b>16</b>		
<b>Notes:</b>	GC2Y 2000 must be taken between 30-59 earned hours.								

Year 3									
Fall					Spring				
Course	Title	Hours	Area	✓	Course	Title	Hours	Area	✓
KINS 3353	Environmental Health	3	Major		KINS 3323	Substance Use and Abuse	3	Major	
KINS 4323	US Women's Health & Social Issues	3	Major		KINS 3343	Human Sexuality	3	Major	
KINS 4353	Global Public Health	3	Major		KINS 3363	Determinants of Health Behavior	3	Major	
ELEC	Elective- <i>any level</i>	3			KINS 4313	Health Promotion Program Planning	3	Major	
ELEC	Elective- <i>any level</i>	3			ELEC	Elective- <i>any level</i>	3		
<b>Semester Hours</b>		<b>15</b>			<b>Semester Hours</b>		<b>15</b>		
<b>Notes:</b>	Meet with Clinical Coordinator for SHHP to determine internship before fall semester of senior year. Meet with Academic Advisor to complete graduation application. All legislative requirements must be completed one year (2 semesters) prior to beginning internship.								

Year 4									
Fall					Spring				
Course	Title	Hours	Area	✓	Course	Title	Hours	Area	✓
KINS 3303	Community Health	3	Major		KINS 4306	Internship	12	Major	
KINS 4363	Public Health Policy & Systems	3	Major		ELEC	Elective- <i>any level</i>	3		
KINS 4373	Senior Seminar	3	Major						
KINS 4813	Research Methods & Statistics	3	Major						
ELEC	Elective- <i>any level</i>	3							
<b>Semester Hours</b>		<b>15</b>			<b>Semester Hours</b>		<b>15</b>		

Legend	
<b>Area</b>	<b>This section of the plan references the area of the curriculum the course fulfills.</b>
A	Core Area A: Communication and Quantitative Skills
B	Core Area B: Institutional Options
C	Core Area C: Humanities and Fine Arts
D	Core Area D: Science, Technology, and Math
E	Core Area E: Social Sciences
F	Core Area F: Major Directed Core
Major	Major Required Course
Elective (Elec)	Course(s) a student selects. Hours are needed meet overall graduation hours. Number of electives varies per major. Electives can be used towards GC Journeys, minors, professional/graduate school pre-requisites or to take courses of interest.
Cognate	Cognate courses are required courses within a students curriculum. These courses are connected to the major but may be from other academic disciplines.